

# Bios Life Energy™ – Super Energy Boost

## “The Smart Energy Drink”



Item #: 24565  
Serving size: 8.4 oz.

An alternative to high-sugar, low-nutrient energy drinks, Bios Life E™ – Super Energy Boost contains carefully selected ingredients that are best-in-class for supplying energy, antioxidants, electrolytes, fat-burning thermogenesis, and mental clarity.\*

### PRODUCT INFORMATION

Bios Life E™ – Super Energy Boost is a scientifically-backed energy drink for individuals living a busy lifestyle that need a convenient, low calorie way to increase energy and nutrient levels. The proprietary blend of *Chi-Oka* Matcha™ Green Tea, B Vitamins, Guarana, Antioxidants, and other unique ingredients have been proven to boost health, thermogenesis, and mental performance.\* Bios Life E™ will elevate energy levels and improve mental focus to keep you going strong all day long.

BIOS LIFE®



### Smart Points

**Boosts Energy** – Blended with our proprietary *Chi-Oka* Matcha™ Blend, guarana, and B vitamins, Bios Life E™ is a compact dose of “smart energy”. Energy boosting ingredients found in guarana and *Chi-Oka* Matcha™ like caffeine, theophylline and theobromine provide a sustained energy and help increase athletic performance.\*

**Amplifies Mental Clarity** – Our *Chi-Oka* Matcha™ blend contains high amounts of L-theanine, an amino acid used to improve attention and reduce stress levels.\* Bios Life E™ is also blended with choline to help increase focus and improve memory.\*

**Supplies Antioxidants** - Bios Life E™ provides a double dose of super-antioxidant ingredients not found in any other energy drink— *Chi-Oka* Matcha™ tea, blended with resveratrol, pomegranate, and blueberry fight to keep you healthy and strong.\* Research indicates matcha contains 137 times more catechins (powerful antioxidants) than regular green tea. Our *Chi-Oka* Matcha™ blend has 4 times more antioxidant capacity than wolfberries, 20 times that of acai berries, and 70 times that of a glass of orange juice.

**Restores Electrolytes** - Magnesium, potassium, and sodium are electrolytes essential to maintaining good health. Surveys show that many Americans are deficient in magnesium and potassium, electrolytes important to energy production, cell signaling, ion transport, and molecule synthesis. Bios Life E™ contains just the right combination of potassium, magnesium, and sodium to keep the body balanced and feeling good.\*

**Increases Metabolism** – Not only does guarana and *Chi-Oka* Matcha™ boost energy levels, they also increase the body’s basal metabolic rate—that’s the rate at which energy is used for the basic functions of breathing, pumping blood, and more. This use of energy is referred to as thermogenesis. Bios Life E™ helps to increase thermogenesis, burn calories, and curb cravings.

#### **Nutrition Facts**

Serving Size: 1 Can  
Recommended use: 1-3 cans a day  
Tumble gently before use

	Amount / Serving	% DV†
<b>Calories</b> 2	Calories from Fat 0	
<b>Total Fat</b>	0g	0%
<b>Sodium</b>	50 mg	2%
<b>Potassium</b>	100 mg	3%
<b>Total Carbohydrate</b>	0g	0%
Sugars	0g	
<b>Protein</b>	0g	
Magnesium	20 mg	5%
Vitamin B2	10 mg	588%
Vitamin B3	50 mg	250%
Vitamin B5	20 mg	200%
Vitamin B6	20 mg	1000%
Vitamin B12	50 µg	833%

Unicity Super Antioxidants™ 200 mg †  
(Proprietary Matcha-Green Tea Blend, Apple, Resveratrol, Blueberry, and Pomegranate)

Bios Mental Focus™ 100mg †  
(Proprietary Matcha-Green Tea Blend, Choline)

Bios Metabolic Boost™ 500 mg †  
(Proprietary Matcha-Green Tea Blend, Guarana, B Vitamin Complex)

\* Percent Daily Value (DV) based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other Ingredients: Carbonated Water, Citric Acid, Proprietary Matcha-Green Tea Blend, Potassium Citrate, Sodium Citrate, Vegetable and Fruit Juice (Natural Color), Natural Flavor, Choline, Apple Extract, Sodium Benzoate, Potassium Sorbate, Sucralose, Guarana, Magnesium Oxide, Nicotinic Acid, Pyridoxine Hydrochloride, D-Calcium Pantothenate, Riboflavin, Acesulfame Potassium, Cyanocobalamin, Resveratrol, Pomegranate Juice Powder, and Blueberry Juice Powder.

# Bios Life E™ – Smart Energy

## FREQUENTLY ASKED QUESTIONS

Q. Who can take Bios Life E™?

A. Bios Life E™ is recommended for individuals 12 years or older. Pregnant and nursing mothers should ask their doctor to see if this product is right for them before use.

Q. How much should I take?

A. Many individuals only need one serving to keep them energized all day long. Others, especially larger individuals, may need more. We recommend no more than 3 servings per day.

Q. When should I take Bios Life E™?

A. Whenever you need an extra boost of energy. If you are dieting, Bios Life E™ may be taken to help curb cravings and provide a feeling of fullness.

Q. What is the difference between the Bios Life E™ - Super Energy Boost and Bios Life E™ – Super Mental Focus?

A. Bios Life E™ – Super Energy Boost contains guarana for a more rapid increase in energy, and Bios Life E™ – Super Mental Focus contains more *Chi-Oka Matcha™* green tea which provides more L-theanine and antioxidants.

Q. Which energy drink is right for me?

A. We recommend Bios Life E™ – Super Energy Boost if you are in need of a rapid increase in energy. Bios Life E™ – Super Mental Focus if you need more mental focus and an antioxidant boost.

Q. I drink a lot of coffee, do I get additional benefits from Bios Life E™?

A. Bios Life E™ delivers a lot of additional benefits besides the energy boost provided by the guarana, including the super antioxidants *Chi-Oka Matcha™* green tea and resveratrol, B vitamins, choline and L-theanine for improved focus, and electrolytes to replenish stores lost to exercise. Bios Life E™ – Super Energy Boost provides about as much caffeine as a cup of coffee, while Bios Life E™ – Super Mental Focus provides about as much caffeine as a cup of green tea. The caffeine in Bios Life E™ comes from all natural sources.

Q. What is guarana?

Guarana is a climbing plant native to the Amazon basin and common in Brazil. It is best known for its brown to red fruit which is about the size of a coffee berry. Guarana contains more than twice as much caffeine as a coffee bean and is consumed for its energy-boosting effects.

Q. What is resveratrol?

A. Resveratrol is an antioxidant extracted from grape skins that is believed to be responsible for the “French Paradox”. The French Paradox is the discovery that the French have a diet high in saturated fats, but appear to have lower rates of cardiovascular disease than many other countries. It is thought that because of their high red wine consumption that resveratrol, an antioxidant found in red wines, is somehow responsible for this phenomenon.

Q. What are catechins?

A. Catechins are polyphenolic antioxidants, belonging to the flavonoid family. They are found in tea, fruits, vegetables, and chocolate and comprise ~25% of the dry weight of a fresh tea leaf. It is believed that catechins play a large role in the health benefits of green tea including protecting cells from free radicals, reducing LDL levels and increasing HDL levels, and increasing our metabolic rate and fat oxidation.



Bios Life E™ Super Mental Focus – Powder  
Item: 24569  
Serving Size: 30 packets



Bios Life E™ Super Energy Boost – Powder  
Item: 24568  
Serving Size: 30 packets